CUTTING EDGE 2019®

ACHIEVING SUPERIOR RESULTS
AVOIDING COMPLICATIONS
AND MANAGING REVISIONS
FOR THE FACE, BREAST AND BODY

40TH

AESTHETIC SURGERY SYMPOSIUM

THE NEW YORK MARRIOTT MARQUIS HOTEL
NEW YORK, NEW YORK DECEMBER 5 - DECEMBER 7, 2019

COURSE CHAIRMEN

SHERRELL J. ASTON, MD DANIEL C. BAKER, MD

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COURSE DESCRIPTION

WELCOME

The Aston Baker Cutting Edge 2019 Aesthetic Surgery Symposium is a uniquely designed and innovative educational experience. Our Course Chairmen have invited a world-renowned faculty of surgeon educators to present the most advanced clinical applications of established procedures and innovative new technologies for facial rejuvenation and total body sculpting.

The program features 74 Lectures, 7 Panels, 10 Point / Counterpoint Debates, 4 Surgical Video Presentations, a Live Injection Session, and an Open Forum with the Faculty. Attendees will see the hands-on work of our world-renowned faculty of international experts.

The lectures will be highly edited to highlight the key steps of advanced techniques for face and body rejuvenation and contouring with a focus on avoiding complications and managing revisions. Seven panels will explore methods for facial and body rejuvenation and sculpting, comparing the complexity of procedures, technical details, longevity, complications and patient safety issues.

Ten Point / Counter Point lectures will encourage debate between faculty members on philosophy, techniques, and controversial areas. An Open Forum with the Faculty will permit audience participation, questions and discussion. Patient safety, complications and long term results will be stressed throughout the symposium.

LEARNING OBJECTIVES

Prevent complications related to facial rejuvenation and body sculpting.

Describe the benefits and complications of autologous fat injections, and the most often used facial fillers and neuromodulators.

Differentiate between the various techniques for forehead, supraorbital and periorbital rejuvenation and when to apply them.

Identify the complications of facial aesthetic surgery, their prevention and treatment.

Summarize the various techniques used for mid-face lifting, including the role of fat and marlar implants.

Discuss the aesthetic and functional problems associated with eyelid surgery.

Summarize and evaluate the advantages, disadvantages, and complications of current techniques for surgical procedures for total body sculpting.

Discuss the complications of augmentation mammoplasty, their prevention and management.

Analyze the complications of mastopexy, their prevention and management.

Describe the surgical techniques for fat grafting buttock augmentation.

Define surgical techniques for total body rejuvenation and sculpting.

Discuss and analyze the advantages, disadvantages, and complications of current techniques for non-invasive and minimally invasive procedures for total body sculpting.

FACULTY

PAUL N. AFROOZ, MD MARK G. ALBERT, MD MARCELO CUNHA ARAUJO, MD MOKHTAR ASAADI. MD NYC ALEXANDER ASLANI, MD SHERRELL J. ASTON, MD DANIEL C. BAKER, MD LAWRENCE S. BASS, MD CHRISTOPHER T. CHIA, MD EREZ DAYAN, MD DANIEL A. DEL VECCHIO, MD ALFREDO E. HOYOS, MD JEFFREY M. KENKEL, MD CHRISTOPHER KHORSANDI, MD WILLIAM LAO, MD RICHARD D. LISMAN, MD PATRICK MALLUCCI, MD TIMOTHY I. MARTEN. MD CONSTANTINO G. MENDIETA, MD FOAD NAHAI, MD PAT PAZMIÑO, MD MARIO PELLE-CERAVOLO, MD TRACY M. PFEIFER, MD DAVID P. RAPAPORT, MD ROD J. ROHRICH, MD DOUGLAS M. SENDEROFF, MD GEORGE SKOURAS, MD HENRY M. SPINELLI, MD DOUGLAS S. STEINBRECH, MD W. GRANT STEVENS, MD JAMES M. STUZIN, MD MARK SULTAN, MD STEVEN TEITELBAUM, MD SPERO J. THEODOROU, MD CHARLES H. THORNE, MD JENNIFER L. WALDEN, MD HOLLY C. WALL, MD SIMEON WALL JR., MD RICHARD WARREN, MD



This program has been reviewed by the Educational Council and is officially Endorsed by the International Society of Aesthetic Plastic Surgery (ISAPS). Endorsement is not approval for Continuing Medical Education (CME) credit. The organizers may at their discretion provide separate CME credit.

GENERAL INFORMATION

ACCREDITATION / DESIGNATION



This activity has been planned and implemented in accordance with the Essential Areas and Elements of the Accreditation Council for Continuing Medical Education through the joint providership of the American Society

for Aesthetic Plastic Surgery, Inc. and the New York Plastic Surgery Foundation, Inc. The American Society for Aesthetic Plastic Surgery, Inc. is accredited by the ACCME to provide continuing medical education for physicians.

The American Society for Aesthetic Plastic Surgery, Inc. designates this educational activity for a maximum of **21** *AMA PRA Category 1 Credits*™. Physicians should claim credit commensurate with the extent of their participation in the activity. Credit hours are subject to program changes.

Of the 21 credits, 8 have been identified as programming dedicated to patient safety related topics and will satisfy the Patient Safety CME requirement.

DISCLOSURE POLICY

The American Society for Aesthetic Plastic Surgery requires all instructors, planners, and other individuals in a position to control or influence the content of an activity, to disclose all relevant financial relationships or affiliations within the past 12 months. All identified conflicts of interest must be resolved and the educational content thoroughly vetted by ASAPS for fair balance, scientific objectivity, and appropriateness of patient care recommendations. ASAPS also requires faculty/authors to disclose when off-label/unapproved uses of a product are discussed in a CME activity or included in related materials. Attendees providing comments or asking questions during presentations are also required to disclose all related commercial interests. For purposes of this policy, the relevant financial relationships of one's partner must also be disclosed.

SYMPOSIUM REGISTRATION

Enrollment is limited to board certified or board eligible Plastic Surgeons and Facial Plastic Surgeons. Residents and Fellows from accredited programs may enroll with a status verification letter from the Chairman of their department. Accompanying physician assistants, nurses, office personnel, and spouses may also register. Advanced registration is strongly suggested. Please note that our previous symposia have sold out four weeks prior to the meeting. If there is any remaining space available for on-site registration, you must pay the on-site registration fee in cash only. Registration forms will be accepted on a space available basis, according to the date received.

HOTEL ACCOMMODATIONS

The New York Marriott Marquis Hotel 1535 Broadway, New York, NY 10036

The New York Marriott Marquis is located in the heart of Midtown Manhattan and in walking distance to attractions like Rockefeller Center, Radio City Music Hall, Fifth Avenue shopping, Broadway

theatres/Times Square, Central Park, The Museum of Modern Art, and major media and business headquarters.

LaGuardia, JFK and Newark airports are all just a short ride away, as well as NYC's three other transportation hubs - Grand Central Station, Penn Station, and the Port Authority.

With the premier location for business or pleasure, the best of NYC will be right at your door when you stay at the New York Marriot Marquis. Stylish NYC hotel rooms and suites are designed to exceed the modern traveler's expectations.

On behalf of the meeting participants, upon completing your registration, you will be sent a link to book your hotel room at the discounted rate of \$439 a night. This discounted rate is available until Friday, November 8, 2019 or until when the room block is sold out. Rates do not include applicable state and local taxes, currently 14.75% and \$3.50/room/night in state occupancy charges.

SOCIAL PROGRAM

December in New York City is a very magical time of the year. There are a variety of holiday activities for the whole family, including ice skating in Central Park, the Fifth Avenue holiday windows, Christmas and holiday concerts and shows, the world's largest Hanukkah Menorah, the Rockefeller Center Christmas Tree and exceptional holiday shopping. Please visit the entertainment section of our website for comprehensive information on the many cultural and diverse dining experiences that New York has to offer. You will also find information on how to obtain tickets to Broadway shows, museums and a variety of city tours.

TECHNICAL EXHIBITS

There will be 45 technical and commercial exhibit booths featuring the latest advancements in products and services beneficial to your aesthetic surgery practice.

The exhibit halls will be open all day for your convenience. Continental breakfast will be served each morning in the exhibit halls 7:00 to 8:00 am. Morning and afternoon coffee breaks will also be served in the exhibit halls as designated in the program schedule.

CONTACT

To register, visit our website at www.nypsf.org

For registration questions or online registration support:

Phone: +1 212 327-4681 Email: registration@nypsf.org

Fax: +1 646 783-3367

We look forward to welcoming you to NYC this December.

Bernadette McGoldrick

Executive Director

THE ASTON BAKER CUTTING EDGE 2019

WEDNESDAY, DECEMBER 4, 2019

Pre-Registration at The New York Marriott Marquis

THURSDAY, DECEMBER 5, 2019

Moderators: Sherrell J. Aston. MD and Daniel C. Baker. MD

7:00-8:00 Coffee served in the Exhibit Halls

7:50 Welcome and Introductory Remarks

Sherrell J. Aston, MD and Daniel C. Baker, MD

Charles H. Thorne, MD President, The Aesthetic Society

FATS AND FILLERS

POINT / COUNTER POINT

8.00 Autologous Fat Grafting Should Be Part of Every **Facial Rejuvenation**

Rod J. Rohrich, MD

8:10 Is Facial Fat Repositioned Via the SMAS Aesthetically Different From Injected Fat? Blending Vs Volume Addition

James M. Stuzin, MD

8:20 Modern Fillers Can Do Everything That Fat Can Do Giving More Predictable Uniform Results

Jeffrey M. Kenkel, MD

- 8:30 Deciding Which Fillers to Use and for What Purpose: Location, Longevity and Complications Lawrence S. Bass, MD
- Over-Filled Faces: "Bad Plastic Surgery 2019" Why Facelifts are Better Than Fillers Daniel C. Baker, MD
- 8:50 **Chronic Lymphatic Obstruction in Over-Filled Faces** Erez Dayan, MD
- 9:00 Rejuvenation of the Compromised Face Following Fat Grafting, Fillers, and Minimally and Non-Invasive Technology Timothy J. Marten, MD
- 9:20 How Minimally Invasive Treatments Can Render a Subsequent Facelift More Difficult George Skouras, MD
- 9:30 Refining Your Facelift Adjunctive Techniques That Matter Rod J. Rohrich, MD

PANEL: Fat and Fillers, Limitations, Longevity and Complications

> Rod J. Rohrich, MD, James M. Stuzin, MD, Jeffrey M. Kenkel, MD, Lawrence S. Bass, MD, Daniel C. Baker, MD, Erez Dayan, MD, Timothy J. Marten, MD, George Skouras, MD

10:00-10:30 Coffee served in Exhibit Halls

CONTROVERSIES IN FOREHEAD, SUPRAORBITAL, AND UPPER EYELID REJUVENATION

10:30 Mistakes in Aesthetic Judgment in Upper Blepharoplasty: Overresection of Skin, Muscle, Fat, and Improper **Preoperative Marks** Henry M. Spinelli, MD

10:45 Correcting the Over-Operated Upper Eyelid Timothy J. Marten, MD

APPROACH TO BROW LIFT

11:00 Transpalpebral Corrugator Resection, Limitations, Complications, and Animation Deformities: Do They Still **Need Neurotoxins?**

James M. Stuzin, MD

11:10 Direct Brow Lift: Mistakes in Brow Shaping, Complications and Bad Scars

Mario Pelle-Ceravolo, MD

- 11:20 Getting Brow Rejuvenation Without a Brow Lift -Forehead and Temple Augmentation Rod J. Rohrich, MD
- 11:30 Changing Brown Shape and Position with Neurotoxins **Potential Complications** Jeffrey M. Kenkel, MD
- 11:40 Limitations and Complications of Brow Lift Techniques: Hair Loss, Recurrent Laxity, Revisions, and Long-Term

Richard Warren, MD

11:55 PANEL: Upper Blepharoplasty, Brow, and Forehead Rejuvenation: Which Techniques and How Much to Do Henry M. Spinelli, MD, Timothy J. Marten, MD, James M. Stuzin, MD, Mario Pelle-Ceravolo, MD, Rod J. Rohrich, MD, Jeffrey M. Kenkel, MD, Richard Warren, MD

12:15-1:30 Lunch

LOWER EYELIDS AND MALAR MOUNDS

- **Correcting latrogenic Lower Eyelid Deformities** Richard D. Lisman, MD
- Canthoplasty-Canthopexy: Why So Many Failures and **Deformities?** Mario Pelle-Ceravolo, MD

Correcting Difficult but Common Lower Blepharoplasty 1:50 Mistakes Including Lower Eyelid Malposition and Sulcus Deformity

Henry M. Spinelli, MD

- Correcting Excess Autologous Fat Grafts to Lower Eyelids 2.00 Mark G. Albert, MD
- 2:10 Nonsurgical, Minimally Invasive Treatment of Festoons Richard D. Lisman, MD
- 2:20 Correcting Malar Mounds and Festoons, Long-Term Results Mokhtar Asaadi, MD

MID FACE

- 2:30 Transpalpebral Mid Facelift: Indications, Complications, and Longevity Foad Nahai, MD
- Transpalpebral Mid Facelift:

Do the Results and Complications Justify the Technique? Timothy J. Marten, MD

Compound Mid Face Augmentation with Malar Implants and Fat

Mario Pelle-Ceravolo, MD

- Mid Face Lifting with Fillers: How to Avoid the Howdy Doody Look and Chronic Edema Jeffrey M. Kenkel, MD
- PANEL: Mid Face: Lifting, Filling, Revision, Implants, Malar Mounds, and the Howdy Doody Smile in the Over-Filled Face

Richard D. Lisman, MD, Mario Pelle-Ceravolo, MD, Henry M. Spinelli, MD, Mark G. Albert, MD, Mokhtar Asaadi, MD, Foad Nahai, MD, Timothy J. Marten, MD, Jeffrey M. Kenkel, MD

3:30-4:00 Coffee served in Exhibit Halls

THE ULTIMATE CHALLENGE: CREATING AN **AESTHETICALLY PLEASING NECK**

Why Do Platysma Bands Reoccur? Foad Nahai, MD

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- 4:10 How to Minimize Platysma Bands Reoccurrence
 Marcelo Cunha Araujo, MD
- 4:20 Why I Have Changed My Technique of Correcting Platysma Bands So Many Times

 Mario Pelle-Ceravolo, MD
- 4:30 Reoperative Correction of the Neck for the Unhappy Patient

Richard Warren, MD

- 4:40 Preventing and Treating Facelift Infections
 Rod J. Rohrich. MD
- 4:50 How I Managed a Severe Facial Palsy Post-Facelift in My First Year in Private Practice
 Paul N. Afrooz, MD

NON-INVASIVE AND MINIMALLY INVASIVE TECH-NIQUES FOR FACE AND NECK REJUVENATION

- 5:00 Minimally Invasive Radio Frequency Facial and Cervical Tightening without Skin Excision: Indications, Limitations, and Long Term Results

 Spero J. Theodorou, MD
- 5:10 Following Radio Frequency Face and Neck Tightening: Is it Really Minimally Invasive? Are Postoperative Recovery and Complications Similar to a Facelift? Christopher T. Chia, MD
- 5:20 Blending Face Lifting with Energy Based Technology Improving Results or Increasing Risk? Possible Thermal Injury and Pigmentation Changes Etc.

 Jennifer L. Walden, MD
- 5:30 Ultrasound for Face and Neck Tightening –
 Does it Reduce Subcutaneous Fat?
 Lawrence S. Bass. MD
- 5:40 Original Liposuction of the Neck and Jawline Has Skin Contraction and Results Comparable to New Devices Sherrell J. Aston, MD
- 5:50 Deoxycholic Acid for Submental and Jawline Contouring Lawrence S. Bass, MD
- 6:00 Thread Lifts: Techniques, Complications, Longevity
 William Lao, MD
- 6:10 PANEL: Non-invasive and Minimally Invasive Devices
 Versus Surgery for Face and Neck Rejuvenation
 Foad Nahai, MD, Marcelo Cunha Araujo, MD, Mario Pelle-Ceravolo,
 MD, Richard Warren, MD, Paul N. Afrooz, MD, Spero J. Theodorou,
 MD, Christopher T. Chia, MD, Jennifer L. Walden, MD,
 Lawrence S. Bass, MD, Sherrell J. Aston, MD, William Lao, MD

FRIDAY, DECEMBER 6, 2019

Moderators: Sherrell J. Aston, MD and Daniel C. Baker, MD

7:00-8:00 Coffee served in Exhibit Halls

BREAST

- 8:00 SURGICAL VIDEO PRESENTATION Compound Breast Augmentation
 Alexander Aslani, MD
- 8:20 Complications and Long-Term Results and Revisions of Composite Breast Augmentation
 Daniel A. Del Vecchio, MD
- 8:30 Downsizing the Over-Augmented Breast Holly C. Wall, MD
- 8:45 Correcting Augmentation Periareolar Mastopexy Results
 Mark Sultan, MD

- 8:55 Secondary Mastopexy: Long Term Results and Complications Holly C. Wall, MD
- 9:05 Correcting Breast Deformities Caused by the Surgeon, Patient, and Nature

Jennifer L. Walden, MD

9:20 Mistakes I See in Breast Augmentation and What I Do to Correct Them

Patrick Mallucci, MD

- 9:35 My Most Frequent Augmentation Revisions
 Mark Sultan, MD
- 9:45 Anticipating, Avoiding, and Managing the Dissatisfied Breast Augmentation Patient
 Steven Teitelbaum, MD

10:00-10:30 Coffee served in Exhibit Halls

- 10:30 Augmentation Mastopexy with Ptosis and Asymmetry W. Grant Stevens. MD
- 10:50 Current Status of Silicone Implants, BIA ALCL and Current Status of Textured Implants
 Patrick Mallucci, MD
- 11:05 Breast Implant Illness: What Do You Tell Your Patients Steven Teitelbaum, MD
- 11:15 Explantation in the Patient Concerned About Breast Implant Illness

Tracy M. Pfeifer, MD

11:25 PANEL: Patients' and Plastic Surgeons Concerns Regarding the Safety of Breast Implants

Patrick Mallucci, MD, Tracy M. Pfeifer, MD, W. Grant Stevens, MD, Mark Sultan, MD, Steven Teitelbaum, MD, Jennifer L. Walden, MD, Holly C. Wall, MD

11:45 SURGICAL VIDEO PRESENTATION
Composite Breast Augmentation
Daniel A. Del Vecchio, MD

12:15-1:30 Lunch

ABDOMEN AND BODY CONTOURING

- 1:30 Correcting latrogenic Umbilical Deformities and Neoumbilicoplasty
 Alfredo E. Hoyos, MD
- 1:40 Treating Over-Sculpted and Under-Sculpted High Definition Patients

 Douglas S. Steinbrech
- 1:55 How to Incorporate High Definition SAFE Lipo Techniques Into Your Body Contouring Procedure without Causing Problems
 Simeon Wall Jr., MD
- 2:05 High Definition Liposculpture of Axilla, Back, Flanks, and Love Handles. Limitations and Complications

Constantino G. Mendieta, MD

- 2:20 High Definition Liposculpture Knees, Calves, and Ankles Limitations and Complications

 Alfredo E. Hoyos, MD
- 2:30 The Most Frequent Problems I See in Body Contouring: Why Do They Occur and How I Correct Them Simeon Wall Jr., MD
- 2:40 Seromas: In Office Ultrasound Guided Diagnosis, Treatment and Prevention

Pat Pazmiño, MD

2:50 Revisions of Nonsurgical Skin Tightening, Long-Term Results, Edema, Pigmentation, Nerve Injury, Limitations, and Complications

Christopher T. Chia, MD

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3:00-3:30 Coffee served in Exhibit Halls

MINIMALLY INVASIVE AND NON-INVASIVE CONTOUR TECHNIQUES

3:30 The Economy of New Technology: Who Makes the Money, You or the Device Manufacturer?

W. Grant Stevens. MD

3:45 Cryolipolysis: Limitations, Patient Satisfaction, and Complications

David P. Rapaport, MD

4:00 Radio Frequency Assisted Liposuction Under Local Anesthesia

Christopher T. Chia, MD

4:10 SURGICAL VIDEO PRESENTATION

Radio Frequency Assisted No Scar Brachioplasty Spero J. Theodorou, MD

4:25 Does Microneedling Improve Skin Quality and Appearance?

Jeffrey M. Kenkel, MD

4:35 Laser Treatment for Postsurgical Scars?

Lawrence S. Bass, MD

4:45 PANEL: Blending Surgical and Nonsurgical Techniques for Body Contouring

Alfredo E. Hoyos, MD, Douglas S. Steinbrech, Simeon Wall Jr.,MD, Constantino G. Mendieta, MD, Pat Pazmiño, MD, Christopher T. Chia, MD, Spero J. Theodorou, MD, W. Grant Stevens, MD, David P. Rapaport, MD, Jeffrey M. Kenkel, MD, Lawrence S. Bass, MD

SURGICAL TECHNIQUE VIDEOS FOR BODY CONTOURING

5:00 Dynamic Definition Lipo Abdominoplasty Combining Multiple Layer Liposuction, Fat Grafting, Muscle Plication, and Neo-Umbilicoplasty

Alfredo E. Hoyos, MD

5:10 Liposculpture of Challenging Body Regions: Axilla, Back, Flanks, and Love Handles

Constantino G. Mendieta, MD

5:20 Combining Implants and Fat for Contouring the Male Chest Douglas S. Steinbrech. MD

5:30 Using High Definition SAFE Lipo Concepts to Avoid Abdominoplasty in Selective Patients

Simeon Wall Jr., MD

5:40 High Definition Liposuction to Enhance Abdominoplasty Results

Daniel A. Del Vecchio, MD

5:50 OPEN FORUM WITH THE FACULTY

QUESTIONS FROM THE AUDIENCE

SATURDAY, DECEMBER 7, 2019

Moderators: Sherrell J. Aston, MD and Daniel C. Baker, MD

7:00-8:00 Coffee served in Exhibit Halls

8:00 SURGICAL VIDEO PRESENTATION

Awake, Safe, Subcutaneous Buttock Augmentation and Radio Frequency Medial Thigh Correction

Spero J. Theodorou, MD

BUTTOCKS

8:30 Documentation of the Importance of the Female Buttocks Shape and Size for the Past 30,000 Years

Christopher Khorsandi, MD

8:45 Safe Subcutaneous Buttock Augmentation: Essential Anatomy and Technique to Prevent Pulmonary Embolism

Daniel A. Del Vecchio, MD

9:00 Simultaneous Separation Tumescence (SST) and Expansion Vibration Lipofilling (EVL) of the Buttocks Simeon Wall Jr., MD

9:10 Ultrasound Documentation and Guidance for Safe Subcutaneous Buttock Augmentation
Pat Pazmiño. MD

9:20 My Most Common Buttock Augmentation Complications and Revisions

Alfredo E. Hoyos, MD

9:30 Managing Buttocks Augmentation Complications Including Infection and Fat Atrophy

Constantino G. Mendieta, MD

9:40 Buttock Augmentation with Implants, Complications and Revisions

Douglas M. Senderoff, MD

9:50 Cohesive Gel Buttock Implants, Technique, Complications and Revisions

Alexander Aslani, MD

10:00-10:30 Coffee served in Exhibit Halls

POINT / COUNTER POINT

10:30 Compound Buttock Augmentation: Fat Plus Implants is Ideal

Daniel A. Del Vecchio, MD

10:40 Why I Prefer Buttock Implants

Douglas M. Senderoff, MD

10:50 Why I Stopped Using Buttock Implants

Constantino G. Mendieta, MD

11:00 When I Prefer Buttock Implants

Alexander Aslani, MD

11:10 Fat Problems, Implant Problems

Simeon Wall Jr., MD

11:20 Fat is Preferred for Male and Female Buttocks

Alfredo E. Hoyos, MD

11:30 Implants Give Excellent Shape to the Male Buttocks

Douglas S. Steinbrech, MD

11:40 PANEL: Managing Complications of Buttock Augmentation: Fat Necrosis, Fat Resorption, Correction of Asymmetry and Infections, and Repeat Fat Grafting

Christopher Khorsandi, MD, Simeon Wall Jr., MD, Pat Pazmiño, MD, Alfredo E. Hoyos, MD, Constantino G. Mendieta, MD, Douglas M. Senderoff, MD, Alexander Aslani, MD,

Douglas S. Steinbrech, MD, Steven Teitelbaum, MD

12:00 LIVE INJECTION SESSION

Fillers and Neurotoxins Lawrence S. Bass, MD

1:00 Adjourn - Thank You for Joining Us!

The Aston Baker Cutting Edge Aesthetic Surgery Symposium

Bernadette McGoldrick

Executive Director

Amy Gibbons

Web Manager, Content Designer