THE ASTON BAKER
CUTTING EDGE 2019

ACHIEVING SUPERIOR RESULTS
AVOIDING COMPLICATIONS
AND MANAGING REVISIONS
FOR THE FACE, BREAST AND BODY

THE NEW YORK MARRIOTT MARQUIS HOTEL
NEW YORK, NEW YORK  DECEMBER 5 - DECEMBER 7, 2019

COURSE CHAIRMEN

SHERRELL J. ASTON, MD  DANIEL C. BAKER, MD

EXECUTIVE DIRECTOR: BERNADETTE MCGOLDRICK
WELCOME

The Aston Baker Cutting Edge 2019 Aesthetic Surgery Symposium is a uniquely designed and innovative educational experience. Our Course Chairmen have invited a world-renowned faculty of surgeon educators to present the most advanced clinical applications of established procedures and innovative new technologies for facial rejuvenation and total body sculpting.

The program features 74 Lectures, 7 Panels, 10 Point / Counterpoint Debates, 4 Surgical Video Presentations, a Live Injection Session, and an Open Forum with the Faculty. Attendees will see the hands-on work of our world-renowned faculty of international experts.

The lectures will be highly edited to highlight the key steps of advanced techniques for face and body rejuvenation and contouring with a focus on avoiding complications and managing revisions. Seven panels will explore methods for facial and body rejuvenation and sculpting, comparing the complexity of procedures, technical details, longevity, complications and patient safety issues.

Ten Point / Counter Point lectures will encourage debate between faculty members on philosophy, techniques, and controversial areas. An Open Forum with the Faculty will permit audience participation, questions and discussion. Patient safety, complications and long term results will be stressed throughout the symposium.

ACCREDITATION / DESIGNATION

This activity has been planned and implemented in accordance with the Essential Areas and Elements of the Accreditation Council for Continuing Medical Education through the joint providership of the American Society for Aesthetic Plastic Surgery, Inc. and the New York Plastic Surgery Foundation, Inc. The American Society for Aesthetic Plastic Surgery, Inc. is accredited by the ACCME to provide continuing medical education for physicians.

The American Society for Aesthetic Plastic Surgery, Inc. designates this educational activity for a maximum of 21 AMA PRA Category 1 Credits™. Physicians should claim credit commensurate with the extent of their participation in the activity. Credit hours are subject to program changes. Of the 21 credits, 8 have been identified as programming dedicated to patient safety related topics and will satisfy the Patient Safety CME requirement.

DISCLOSURE POLICY

The American Society for Aesthetic Plastic Surgery requires all instructors, planners, and other individuals in a position to control or influence the content of an activity, to disclose all relevant financial relationships or affiliations within the past 12 months. All identified conflicts of interest must be resolved and the educational content thoroughly vetted by The Aesthetic Society for fair balance, scientific objectivity, and appropriateness of patient care recommendations. The Aesthetic Society also requires faculty/authors to disclose when off-label/ unapproved uses of a product are discussed in a CME activity or included in related materials.

Attendees providing comments or asking questions during presentations are also required to disclose all related commercial interests. For purposes of this policy, the relevant financial relationships of one’s partner must also be disclosed.
THURSDAY, DECEMBER 5, 2019

8:00        Autologous Fat Grafting Should Be Part of Every Facial Rejuvenation
            Rod J. Rohrich, MD

8:10        Is Facial Fat Repositioned via the SMAS Aesthetically Different From Injected Fat? Blending vs Volume Addition
            James M. Stuzin, MD

8:20        Modern Fillers Can Do Everything That Fat Can Do Giving More Predictable Uniform Results
            Jeffrey M. Kenkel, MD

8:30        Deciding Which Fillers to Use and for What Purpose: Location, Longevity, and Complications
            Lawrence S. Bass, MD

8:40        Over-Filled Faces: “Bad Plastic Surgery 2019” Why Facelifts are Better Than Fillers
            Daniel C. Baker, MD

8:45        Chronic Lymphatic Obstruction in Over-Filled Faces
            Erez Dayan, MD

9:00        Rejuvenation of the Compromised Face Following Fat Grafting, Fillers, and Minimally and Non-Invasive Technology
            Timothy J. Marten, MD

9:20        How Minimally Invasive Treatments Can Render a Subsequent Facelift More Difficult
            George Skouras, MD

9:30        Refining Your Facelift – Adjunctive Techniques That Matter
            Rod J. Rohrich, MD

9:40        PANEL: Fat and Fillers, Limitations, Longevity, and Complications
            Rod J. Rohrich, MD, James M. Stuzin, MD, Jeffrey M. Kenkel, MD, Lawrence S. Bass, MD, Daniel C. Baker, MD, Erez Dayan, MD, Timothy J. Marten, MD, George Skouras, MD

10:00-10:30 Coffee served in Exhibit Hall

CONTROVERSIES IN FOREHEAD, SUPARORBITAL, AND UPPER EYELID REJUVENATION

10:30       Mistakes in Aesthetic Judgment in Upper Blepharoplasty: Overresection of Skin, Muscle, Fat, and Improper Preoperative Marks
            Henry M. Spinelli, MD

10:45       Correcting the Over-Operated Upper Eyelid
            Timothy J. Marten, MD

APPROACH TO BROW LIFT

11:00       Transpalpebral Corrugator Resection, Limitations, Complications, and Animation Deformities: Do They Still Need Neurotoxins?
            James M. Stuzin, MD

11:10       Direct Brow Lift: Mistakes in Brow Shaping, Complications, and Bad Scars
            Mario Pelle-Ceravolo, MD

11:20       Getting Brow Rejuvenation Without a Brow Lift Forehead and Temple Augmentation
            Rod J. Rohrich, MD

11:30       Changing Brow Shape and Position with Neurotoxins: Potential Complications
            Jeffrey M. Kenkel, MD

11:40       Limitations and Complications of Brow Lift Techniques: Hair Loss, Recurrent Laxity, Revisions, and Long-Term Results
            Richard Warren, MD

11:55       PANEL: Upper Blepharoplasty, Brow, and Forehead Rejuvenation: Which Techniques and How Much to Do
            Henry M. Spinelli, MD, Timothy J. Marten, MD, James M. Stuzin, MD, Mario Pelle-Ceravolo, MD, Rod J. Rohrich, MD, Jeffrey M. Kenkel, MD, Richard Warren, MD

12:15-1:30 Lunch

LOWER EYELIDS AND MALAR MOUNDS

1:30        Correcting Iatrogenic Lower Eyelid Deformities
            Richard D. Lisman, MD

1:40        Canthoplasty-Canthopexy: Why So Many Failures and Deformities?
            Mario Pelle-Ceravolo, MD

1:50        Correcting Difficult but Common Lower Blepharoplasty Mistakes Including Lower Eyelid Malposition and Sulcus Deformity
            Henry M. Spinelli, MD

2:00        Correcting Excess Autologous Fat Grafts to Lower Eyelids
            Mark G. Albert, MD

2:10        Nonsurgical, Minimally Invasive Treatment of Festoons
            Richard D. Lisman, MD

2:20        Correcting Malar Mounds and Festoons, Long-Term Results
            Mokhtar Asaadi, MD

MID FACE

2:30        Transpalpebral Mid Facelift: Indications, Complications, and Longevity
            Foad Nahai, MD

2:40        Transpalpebral Mid Facelift: Do the Results and Complications Justify the Technique?
            Timothy J. Marten, MD

2:50        Compound Mid Face Augmentation with Malar Implants and Fat
            Mario Pelle-Ceravolo, MD

3:00        Mid Face Lifting with Fillers: How to Avoid the Howdy Doody Look and Chronic Edema
            Jeffrey M. Kenkel, MD

3:10        PANEL: Mid Face: Lifting, Filling, Revision, Implants, Malar Mounds, and the Howdy Doody Smile in the Over-Filled Face
            Richard D. Lisman, MD, Mario Pelle-Ceravolo, MD, Henry M. Spinelli, MD, Mark G. Albert, MD, Mokhtar Asaadi, MD, Foad Nahai, MD, Timothy J. Marten, MD, Jeffrey M. Kenkel, MD

3:30-4:00 Coffee served in Exhibit Hall

THE ULTIMATE CHALLENGE: CREATING AN AESTHETICALLY PLEASING NECK

4:00        Why Do Platysma Bands Recur?
            Foad Nahai, MD

4:10        How to Minimize Platysma Bands Recurrence
            Marcelo Cunha Araujo, MD
MINIMALLY INVASIVE AND NON-INVASIVE CONTOUR TECHNIQUES

3:30  The Economy of New Technology: Who Makes the Money? You, or the Device Manufacturer? W. Grant Stevens, MD

3:45  Cryolipolysis: Limitations, Patient Satisfaction, and Complications David P. Rapaport, MD

4:00  Radio Frequency Assisted Liposuction Under Local Anesthesia Christopher T. Chia, MD

4:10  SURGICAL VIDEO PRESENTATION Radio Frequency Assisted No Scar Brachioplasty Spero J. Theodorou, MD

4:25  Does Microneedling Improve Skin Quality and Appearance? Jeffrey M. Kenkel, MD

4:35  Laser Treatment for Postsurgical Scars? Lawrence S. Bass, MD

4:45  PANEL: Blending Surgical and Nonsurgical Techniques for Body Contouring Alfredo E. Hoyos, MD, Douglas S. Steinbrech, MD, Simeon Wall Jr., MD, Constantino G. Mendieta, MD, Pat Pazmiño, MD, Christopher T. Chia, MD, Spero J. Theodorou, MD, W. Grant Stevens, MD, David P. Rapaport, MD, Jeffrey M. Kenkel, MD, Lawrence S. Bass, MD

SURGICAL TECHNIQUE VIDEOS FOR BODY CONTOURING

5:00  Dynamic Definition Lipo Abdominoplasty Combining Multiple Layer Liposuction, Fat Grafting, Muscle Plication, and Neo-Umbilicoplasty Alfredo E. Hoyos, MD

5:10  Liposculpture of Challenging Body Regions: Axilla, Back, Flanks, and Love Handles Constantino G. Mendieta, MD

5:20  Combining Implants and Fat for Contouring the Male Chest Douglas S. Steinbrech, MD

5:30  Using High Definition SAFE Lipo Concepts to Avoid Abdominoplasty in Selective Patients Simeon Wall Jr., MD

5:40  High Definition Liposuction to Enhance Abdominoplasty Results Daniel A. Del Vecchio, MD

5:50  OPEN FORUM WITH THE FACULTY QUESTIONS FROM THE AUDIENCE

SUNDAY, DECEMBER 8, 2019

3:00-3:30 Coffee served in Exhibit Hall

8:45  Safe Subcutaneous Buttock Augmentation: Essential Anatomy and Technique to Prevent Pulmonary Embolism Daniel A. Del Vecchio, MD

9:00  Simultaneous Separation Tumescence (SST) and Expansion Vibration Lipofilling (EVL) of the Buttocks Simeon Wall Jr., MD

9:10  Ultrasound Documentation and Guidance for Safe Subcutaneous Buttock Augmentation Pat Pazmiño, MD

9:20  My Most Common Buttock Augmentation Complications and Revisions Alfredo E. Hoyos, MD

9:30  Managing Buttocks Augmentation Complications Including Infection and Fat Atrophy Constantino G. Mendieta, MD

9:40  Buttock Augmentation with Implants, Complications and Revisions Douglas M. Senderoff, MD

9:50  Cohesive Gel Buttock Implants: Technique, Complications and Revisions Alexander Aslani, MD

10:00-10:30 Coffee served in Exhibit Hall

8:55  Secondary Mastopexy: Long Term Results and Complications Jennifer L. Walden, MD

9:00  Following Radio Frequency Face and Neck Tightening: Preoperative Breast Measurements Roger K. Khouri, MD

9:40  LipoStructure® Technique for Breast Augmentation Foad Nahai, MD

10:30  Compound Buttock Augmentation: Fat Plus Implants is Ideal Daniel A. Del Vecchio, MD

10:40  Why I Prefer Buttock Implants Douglas M. Senderoff, MD

10:50  Why I Stopped Using Buttock Implants Constantino G. Mendieta, MD

11:00  When I Prefer Buttock Implants Alexander Aslani, MD

11:10  Fat Problems, Implant Problems Simeon Wall Jr., MD

11:20  Fat is Preferred for Male and Female Buttocks Alfredo E. Hoyos, MD

11:30  Implants Give Excellent Shape to the Male Buttocks Douglas S. Steinbrech, MD

11:40  PANEL: Managing Complications of Buttock Augmentation: Fat Necrosis, Fat Resorption, Correction of Asymmetry and Infections, and Repeat Fat Grafting Christopher Khorsandi, MD, Simeon Wall Jr., MD, Pat Pazmiño, MD, Alfredo E. Hoyos, MD, Constantino G. Mendieta, MD, Douglas M. Senderoff, MD, Alexander Aslani, MD, Douglas S. Steinbrech, MD, Steven Teitelbaum, MD

12:00  LIVE INJECTION SESSION

Fillers and Neurotoxins Lawrence S. Bass, MD

1:00  Adjourn - Thank You for Joining Us!

The Aston Baker Cutting Edge Aesthetic Surgery Symposium

Bernadette McGoldrick
Executive Director

Amy Gibbons
Web Manager, Content Designer