

THE ASTON BAKER
**CUTTING
EDGE 2019[®]**

**ACHIEVING SUPERIOR RESULTS
AVOIDING COMPLICATIONS
AND MANAGING REVISIONS
FOR THE FACE, BREAST AND BODY**

40TH AESTHETIC SURGERY SYMPOSIUM

THE NEW YORK MARRIOTT MARQUIS HOTEL
NEW YORK, NEW YORK DECEMBER 5 - DECEMBER 7, 2019

COURSE CHAIRMEN

SHERRELL J. ASTON, MD DANIEL C. BAKER, MD

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THE ASTON BAKER CUTTING EDGE 2019

WEDNESDAY, DECEMBER 4, 2019

Pre-Registration at The New York Marriott Marquis

THURSDAY, DECEMBER 5, 2019

Moderators: Sherrell J. Aston, MD and Daniel C. Baker, MD

7:00-8:00 Coffee served in the Exhibit Halls

7:50 Welcome and Introductory Remarks

Sherrell J. Aston, MD and Daniel C. Baker, MD

Charles H. Thorne, MD President, The Aesthetic Society

FATS AND FILLERS

POINT / COUNTER POINT

8:00 Autologous Fat Grafting Should Be Part of Every Facial Rejuvenation
Rod J. Rohrich, MD

8:10 Is Facial Fat Repositioned Via the SMAS Aesthetically Different From Injected Fat? Blending Vs Volume Addition
James M. Stuzin, MD

8:20 Modern Fillers Can Do Everything That Fat Can Do Giving More Predictable Uniform Results
Jeffrey M. Kenkel, MD

8:30 Deciding Which Fillers to Use and for What Purpose: Location, Longevity and Complications
Lawrence S. Bass, MD

8:40 Overfilled Faces: "Bad Plastic Surgery 2019" Why Facelifts are Better Than Fillers
Daniel C. Baker, MD

8:50 Chronic Lymphatic Obstruction in Over Filled Faces
Erez Dayan, MD

9:00 Rejuvenation of the Compromised Face Following Fat Grafting, Fillers, and Minimally and Non-Invasive Technology
Timothy J. Marten, MD

9:20 How Minimally Invasive Treatments Can Render a Subsequent Facelift More Difficult
George Skouras, MD

9:30 Refining Your Facelift – Adjunctive Techniques That Matter
Rod J. Rohrich, MD

9:40 PANEL: Fat and Fillers, Limitations, Longevity and Complications
Rod J. Rohrich, MD, James M. Stuzin, MD, Jeffrey M. Kenkel, MD, Lawrence S. Bass, MD, Daniel C. Baker, MD, Erez Dayan, MD, Timothy J. Marten, MD, George Skouras, MD

10:00-10:30 Coffee served in Exhibit Halls

CONTROVERSIES IN FOREHEAD, SUPRAORBITAL, AND UPPER EYELID REJUVENATION

10:30 Mistakes in Aesthetic Judgment in Upper Blepharoplasty: Overresection of Skin, Muscle, Fat, and Improper Preoperative Marks
Henry M. Spinelli, MD

10:45 Correcting the Over Operated Upper Eyelid
Timothy J. Marten, MD

APPROACH TO BROW LIFT

11:00 Transpalpebral Corrugator Resection, Limitations, Complications, and Animation Deformities: Do They Still Need Botox?
James M. Stuzin, MD

11:10 Direct Brow Lift: Mistakes in Brow Shaping, Complications and Bad Scars
Mario Pelle-Ceravolo, MD

11:20 Getting Brow Rejuvenation Without a Brow Lift – Forehead and Temple Augmentation
Rod J. Rohrich, MD

11:30 Changing Brow Shape and Position with Neurotoxins Potential Complications
Jeffrey M. Kenkel, MD

11:40 Limitations and Complications of Brow Lift Techniques: Hair Loss, Recurrent Laxity, Revisions, and Long-Term Results
Richard Warren, MD

11:55 PANEL: Upper Blepharoplasty, Brow, and Forehead Rejuvenation: Which Techniques and How Much to Do
Henry M. Spinelli, MD, Timothy J. Marten, MD, James M. Stuzin, MD, Mario Pelle-Ceravolo, MD, Rod J. Rohrich, MD, Jeffrey M. Kenkel, MD, Richard Warren, MD

12:15-1:30 Lunch

LOWER EYELIDS AND MALAR MOUNDS

1:30 Correcting Iatrogenic Lower Eyelid Deformities
Richard D. Lisman, MD

1:40 Canthoplasty-Canthopexy: Why So Many Failures and Deformities?
Mario Pelle-Ceravolo, MD

1:50 Correcting Difficult but Common Lower Blepharoplasty Mistakes Including Lower Eyelid Malposition and Sulcus Deformity
Henry M. Spinelli, MD

2:00 Correcting Excess Autologous Fat Grafts to Lower Eyelids
Mark G. Albert, MD

2:10 Nonsurgical, Minimally Invasive Treatment of Festoons
Richard D. Lisman, MD

2:20 Correcting Malar Mounds and Festoons, Long-Term Results
Mokhtar Asaadi, MD

MID FACE

2:30 Transpalpebral Mid Facelift: Indications, Complications, and Longevity
Foad Nahai, MD

2:40 Transpalpebral Mid Facelift: Do the Results and Complications Justify the Technique?
Timothy J. Marten, MD

2:50 Compound Mid Face Augmentation with Malar Implants and Fat
Mario Pelle-Ceravolo, MD

3:00 Mid Face Lifting with Fillers: How to Avoid the Howdy Doody Look and Chronic Edema
Jeffrey M. Kenkel, MD

3:10 PANEL: Mid Face: Lifting, Filling, Revision, Implants, Malar Mounds, and the Howdy Doody Smile in the Overfilled Face
Richard D. Lisman, MD, Mario Pelle-Ceravolo, MD, Henry M. Spinelli, MD, Mark G. Albert, MD, Mokhtar Asaadi, MD, Foad Nahai, MD, Timothy J. Marten, MD, Jeffrey M. Kenkel, MD

3:30-4:00 Coffee served in Exhibit Halls

THE ULTIMATE CHALLENGE: CREATING AN AESTHETICALLY PLEASING NECK

4:00 Why Do Platysma Bands Reoccur?
Foad Nahai, MD

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- 4:10 **How to Minimize Platysma Bands Reoccurrence**
Marcelo Cunha Araujo, MD
- 4:20 **Why I Have Changed My Technique of Correcting Platysma Bands So Many Times**
Mario Pelle-Ceravolo, MD
- 4:30 **Reoperative Correction of the Neck for the Unhappy Patient**
Richard Warren, MD
- 4:40 **Preventing and Treating Facelift Infections**
Rod J. Rohrich, MD
- 4:50 **How I Managed a Severe Facial Palsy Post-Facelift in My First Year in Private Practice**
Paul N. Afrooz, MD

NON-INVASIVE AND MINIMALLY INVASIVE TECHNIQUES FOR FACE AND NECK REJUVENATION

- 5:00 **Minimally Invasive Radio Frequency Facial and Cervical Tightening without Skin Excision: Indications, Limitations, and Long Term Results**
Spero J. Theodorou, MD
- 5:10 **Following Radio Frequency Face and Neck Tightening: Is it Really Minimally Invasive? Is Postoperative Recovery and Complications Similar to a Facelift?**
Christopher T. Chia, MD
- 5:20 **Blending Face Lifting with Energy Based Technology – Improving Results or Increasing Risk? Possible Thermal Injury and Pigmentation Changes Etc.**
Jennifer L. Walden, MD
- 5:30 **Ultrasound for Face and Neck Tightening – Does it Reduce Subcutaneous Fat?**
Lawrence S. Bass, MD
- 5:40 **Original Liposuction of the Neck and Jawline Has Skin Contraction and Results Comparable to New Devices**
Sherrell J. Aston, MD
- 5:50 **Deoxycholic Acid for Submental and Jawline Contouring**
Lawrence S. Bass, MD
- 6:00 **Thread Lifts: Techniques, Complications, Longevity**
William Lao, MD

- 6:10 **PANEL: Non-invasive and Minimally Invasive Devices Versus Surgery for Face and Neck Rejuvenation**
Foad Nahai, MD, Marcelo Cunha Araujo, MD, Mario Pelle-Ceravolo, MD, Richard Warren, MD, Paul N. Afrooz, MD, Spero J. Theodorou, MD, Christopher T. Chia, MD, Jennifer L. Walden, MD, Lawrence S. Bass, MD, Sherrell J. Aston, MD, William Lao, MD

FRIDAY, DECEMBER 6, 2019

Moderators: Sherrell J. Aston, MD and Daniel C. Baker, MD

7:00-8:00 **Coffee served in Exhibit Halls**

BREAST

- 8:00 **SURGICAL VIDEO PRESENTATION**
Compound Breast Augmentation
Alexander Aslani, MD
- 8:20 **Complications and Long-Term Results and Revisions of Composite Breast Augmentation**
Daniel A. Del Vecchio, MD
- 8:30 **Downsizing the Over Augmented Breast**
Holly C. Wall, MD
- 8:45 **Correcting Augmentation - Periareolar Mastopexy Results**
Mark Sultan, MD

- 8:55 **Secondary Mastopexy: Long Term Results and Complications**
Holly C. Wall, MD
- 9:05 **Correcting Breast Deformities Caused by the Surgeon, Patient, and Nature**
Jennifer L. Walden, MD
- 9:20 **Mistakes I See in Breast Augmentation and What I Do to Correct Them**
Patrick Mallucci, MD
- 9:35 **My Most Frequent Augmentation Revisions**
Mark Sultan, MD
- 9:45 **Anticipating, Avoiding, and Managing the Dissatisfied Breast Augmentation Patient**
Steven Teitelbaum, MD

10:00-10:30 **Coffee served in Exhibit Halls**

- 10:30 **Augmentation Mastopexy with Ptosis and Asymmetry**
W. Grant Stevens, MD
- 10:50 **Current Status of Silicone Implants, BIA ALCL and Current Status of Textured Implants**
Patrick Mallucci, MD
- 11:05 **Breast Implant Illness: What Do You Tell Your Patients?**
Steven Teitelbaum, MD
- 11:15 **Explantation in the Patient Concerned About Breast Implant Illness**
Tracy M. Pfeifer, MD
- 11:25 **PANEL: Patients and Plastic Surgeons Concerns Regarding the Safety of Breast Implants**
Patrick Mallucci, MD, Tracy M. Pfeifer, MD, W. Grant Stevens, MD, Mark Sultan, MD, Steven Teitelbaum, MD, Jennifer L. Walden, MD, Holly C. Wall, MD
- 11:45 **SURGICAL VIDEO PRESENTATION**
Composite Breast Augmentation
Daniel A. Del Vecchio, MD

12:15-1:30 **Lunch**

ABDOMEN AND BODY CONTOURING

- 1:30 **Correcting Iatrogenic Umbilical Deformities and Neumbilicoplasty**
Alfredo E. Hoyos, MD
- 1:40 **Treating Over Sculpted and Under Sculpted High-Definition Patients**
Douglas S. Steinbrech
- 1:55 **How to Incorporate High Definition SAFE Lipo Techniques Into Your Body Contouring Procedure without Causing Problems**
Simeon Wall Jr., MD
- 2:05 **High Definition Liposculpture of Axilla, Back, Flanks, and Love Handles. Limitations and Complications**
Constantino G. Mendieta, MD
- 2:20 **High Definition Liposculpture Knees, Calves, and Ankles Limitations and Complications**
Alfredo E. Hoyos, MD
- 2:30 **The Most Frequent Problems I See in Body Contouring: Why Do They Occur and How I Correct Them**
Simeon Wall Jr., MD
- 2:40 **Seromas: In Office Ultrasound Guided Diagnosis, Treatment and Prevention**
Pat Pazmiño, MD
- 2:50 **Revisions of Nonsurgical Skin Tightening, Long-Term Results, Edema, Pigmentation, Nerve Injury, Limitations, and Complications**
Christopher T. Chia, MD

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3:00-3:30 Coffee served in Exhibit Halls

MINIMALLY INVASIVE AND NON-INVASIVE CONTOUR TECHNIQUES

- 3:30 **The Economy of New Technology: Who Makes the Money, You or the Device Manufacturer?**
W. Grant Stevens, MD
- 3:45 **Cryolipolysis: Limitations, Patient Satisfaction, and Complications**
David P. Rapaport, MD
- 4:00 **Radio Frequency Assisted Liposuction Under Local Anesthesia**
Christopher T. Chia, MD
- 4:10 **SURGICAL VIDEO PRESENTATION**
Radio Frequency Assisted No Scar Brachioplasty
Spero J. Theodorou, MD
- 4:25 **Does Microneedling Improve Skin Quality and Appearance?**
Jeffrey M. Kenkel, MD
- 4:35 **Laser Treatment for Postsurgical Scars?**
Lawrence S. Bass, MD

4:45 **PANEL: Blending Surgical and Nonsurgical Techniques for Body Contouring**
Alfredo E. Hoyos, MD, Douglas S. Steinbrech, Simeon Wall Jr., MD, Constantino G. Mendieta, MD, Pat Pazmiño, MD, Christopher T. Chia, MD, Spero J. Theodorou, MD, W. Grant Stevens, MD, David P. Rapaport, MD, Jeffrey M. Kenkel, MD, Lawrence S. Bass, MD

SURGICAL TECHNIQUE VIDEOS FOR BODY CONTOURING

- 5:00 **Dynamic Definition Lipo Abdominoplasty Combining Multiple Layer Liposuction, Fat Grafting, Muscle Plication, and Neo-Umbilicoplasty**
Alfredo E. Hoyos, MD
- 5:10 **Liposculpture of Challenging Body Regions: Axilla, Back, Flanks, and Love Handles**
Constantino G. Mendieta, MD
- 5:20 **Combining Implants and Fat for Contouring the Male Chest**
Douglas S. Steinbrech, MD
- 5:30 **Using High Definition SAFE Lipo Concepts to Avoid Abdominoplasty in Selective Patients**
Simeon Wall Jr., MD
- 5:40 **High Definition Liposuction to Enhance Abdominoplasty Results**
Daniel A. Del Vecchio, MD

5:50 **OPEN FORUM WITH THE FACULTY
QUESTIONS FROM THE AUDIENCE**

SATURDAY, DECEMBER 7, 2019

Moderators: Sherrell J. Aston, MD and Daniel C. Baker, MD

7:00-8:00 Coffee served in Exhibit Halls

- 8:00 **SURGICAL VIDEO PRESENTATION**
Awake, Safe, Subcutaneous Buttock Augmentation and Radio Frequency Medial Thigh Correction
Spero J. Theodorou, MD

BUTTOCKS

- 8:30 **Documentation of the Importance of the Female Buttocks Shape and Size for the Past 30,000 Years**
Christopher Khorsandi, MD

- 8:45 **Safe Subcutaneous Buttock Augmentation: Essential Anatomy and Technique to Prevent Pulmonary Embolism**
Daniel A. Del Vecchio, MD

- 9:00 **Simultaneous Separation Tumescence (SST) and Expansion Vibration Lipofilling (EVL) of the Buttocks**
Simeon Wall Jr., MD

- 9:10 **Ultrasound Documentation and Guidance for Safe Subcutaneous Buttock Augmentation**
Pat Pazmiño, MD

- 9:20 **My Most Common Buttock Augmentation Complications and Revisions**
Alfredo E. Hoyos, MD

- 9:30 **Managing Buttocks Augmentation Complications Including Infection and Fat Atrophy**
Constantino G. Mendieta, MD

- 9:40 **Buttock Augmentation with Implants, Complications and Revisions**
Douglas M. Senderoff, MD

- 9:50 **Cohesive Gel Buttock Implants, Technique, Complications and Revisions**
Alexander Aslani, MD

10:00-10:30 Coffee served in Exhibit Halls

POINT / COUNTER POINT

- 10:30 **Compound Buttock Augmentation: Fat Plus Implants is Ideal**
Daniel A. Del Vecchio, MD
- 10:40 **Why I Prefer Buttock Implants**
Douglas M. Senderoff, MD
- 10:50 **Why I Stopped Using Buttock Implants**
Constantino G. Mendieta, MD
- 11:00 **When I Prefer Buttock Implants**
Alexander Aslani, MD
- 11:10 **Fat Problems, Implant Problems**
Simeon Wall Jr., MD
- 11:20 **Fat is Preferred for Male and Female Buttocks**
Alfredo E. Hoyos, MD
- 11:30 **Implants Give Excellent Shape to the Male Buttocks**
Douglas S. Steinbrech, MD

11:40 **PANEL: Managing Complications of Buttock Augmentation: Fat Necrosis, Fat Resorption, Correction of Asymmetry and Infections, and Repeat Fat Grafting**
Christopher Khorsandi, MD, Simeon Wall Jr., MD, Pat Pazmiño, MD, Alfredo E. Hoyos, MD, Constantino G. Mendieta, MD, Douglas M. Senderoff, MD, Alexander Aslani, MD, Douglas S. Steinbrech, MD, Steven Teitelbaum, MD

12:00 **LIVE INJECTION SESSION**

Fillers and Neurotoxins
Lawrence S. Bass, MD

- 1:00 **Adjourn - Thank You for Joining Us!**

The Aston Baker Cutting Edge Aesthetic Surgery Symposium

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