

THE ASTON BAKER
**CUTTING
EDGE 2019**

**ACHIEVING SUPERIOR RESULTS
AVOIDING COMPLICATIONS
AND MANAGING REVISIONS
FOR THE FACE, BREAST AND BODY**

40TH

AESTHETIC SURGERY SYMPOSIUM

THE NEW YORK MARRIOTT MARQUIS HOTEL
NEW YORK, NEW YORK DECEMBER 5 - DECEMBER 7, 2019

COURSE CHAIRMEN

SHERRELL J. ASTON, MD DANIEL C. BAKER, MD

JOINTLY PROVIDED BY



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EXECUTIVE DIRECTOR: BERNADETTE MCGOLDRICK

COURSE DESCRIPTION

WELCOME

The Aston Baker Cutting Edge 2019 Aesthetic Surgery Symposium is a uniquely designed and innovative educational experience. Our Course Chairmen have invited a world-renowned faculty of surgeon educators to present the most advanced clinical applications of established procedures and innovative new technologies for facial rejuvenation and total body sculpting.

The program features 74 Lectures, 7 Panels, 10 Point / Counterpoint Debates, 4 Surgical Video Presentations, a Live Injection Session, and an Open Forum with the Faculty. Attendees will see the hands-on work of our world-renowned faculty of international experts.

The lectures will be highly edited to highlight the key steps of advanced techniques for face and body rejuvenation and contouring with a focus on avoiding complications and managing revisions. Seven panels will explore methods for facial and body rejuvenation and sculpting, comparing the complexity of procedures, technical details, longevity, complications and patient safety issues.

Ten Point / Counter Point lectures will encourage debate between faculty members on philosophy, techniques, and controversial areas. An Open Forum with the Faculty will permit audience participation, questions and discussion. Patient safety, complications and long term results will be stressed throughout the symposium.

ACCREDITATION / DESIGNATION



This activity has been planned and implemented in accordance with the Essential Areas and Elements of the Accreditation Council for Continuing Medical Education through the joint providership of the American Society for Aesthetic Plastic Surgery, Inc. and the New York Plastic Surgery Foundation, Inc. The

American Society for Aesthetic Plastic Surgery, Inc. is accredited by the ACCME to provide continuing medical education for physicians.

The American Society for Aesthetic Plastic Surgery, Inc. designates this educational activity for a maximum of **21 AMA PRA Category 1 Credits™**. Physicians should claim credit commensurate with the extent of their participation in the activity. Credit hours are subject to program changes. Of the 21 credits, 8 have been identified as programming dedicated to patient safety related topics and will satisfy the Patient Safety CME requirement.

DISCLOSURE POLICY

The American Society for Aesthetic Plastic Surgery requires all instructors, planners, and other individuals in a position to control or influence the content of an activity, to disclose all relevant financial relationships or affiliations within the past 12 months. All identified conflicts of interest must be resolved and the educational content thoroughly vetted by The Aesthetic Society for fair balance, scientific objectivity, and appropriateness of patient care recommendations. The Aesthetic Society also requires faculty/authors to disclose when off-label/unapproved uses of a product are discussed in a CME activity or included in related materials.

Attendees providing comments or asking questions during presentations are also required to disclose all related commercial interests. For purposes of this policy, the relevant financial relationships of one's partner must also be disclosed.

FACULTY

PAUL N. AFROOZ, MD
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MOKHTAR ASAADI, MD
ALEXANDER ASLANI, MD
SHERRELL J. ASTON, MD
DANIEL C. BAKER, MD
LAWRENCE S. BASS, MD
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HENRY M. SPINELLI, MD
DOUGLAS S. STEINBRECH, MD
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JAMES M. STUZIN, MD
MARK SULTAN, MD
STEVEN TEITELBAUM, MD
SPERO J. THEODOROU, MD
CHARLES H. THORNE, MD
JENNIFER L. WALDEN, MD
HOLLY C. WALL, MD
SIMEON WALL JR., MD
RICHARD WARREN, MD



This program has been reviewed by the Educational Council and is officially Endorsed by the International Society of Aesthetic Plastic Surgery (ISAPS). Endorsement is not approval for Continuing Medical Education (CME) credit. The organizers may at their discretion provide separate CME credit.

THE ASTON BAKER CUTTING EDGE 2019

THURSDAY, DECEMBER 5, 2019

Moderators: Sherrell J. Aston, MD and Daniel C. Baker, MD

7:00-8:00 Continental Breakfast

7:50 Welcome and Introductory Remarks

Sherrell J. Aston, MD and Daniel C. Baker, MD
Charles H. Thorne, MD President, The Aesthetic Society

FATS AND FILLERS

POINT / COUNTER POINT

8:00 Autologous Fat Grafting Should Be Part of Every Facial Rejuvenation

Rod J. Rohrich, MD

8:10 Is Facial Fat Repositioned via the SMAS Aesthetically Different From Injected Fat? Blending vs Volume Addition

James M. Stuzin, MD

8:20 Modern Fillers Can Do Everything That Fat Can Do Giving More Predictable Uniform Results

Jeffrey M. Kenkel, MD

8:30 Deciding Which Fillers to Use and for What Purpose: Location, Longevity, and Complications

Lawrence S. Bass, MD

8:40 Over-Filled Faces: "Bad Plastic Surgery 2019" Why Facelifts are Better Than Fillers

Daniel C. Baker, MD

8:45 Chronic Lymphatic Obstruction in Over-Filled Faces

Erez Dayan, MD

9:00 Rejuvenation of the Compromised Face Following Fat Grafting, Fillers, and Minimally and Non-Invasive Technology

Timothy J. Marten, MD

9:20 How Minimally Invasive Treatments Can Render a Subsequent Facelift More Difficult

George Skouras, MD

9:30 Refining Your Facelift – Adjunctive Techniques That Matter

Rod J. Rohrich, MD

9:40 **PANEL:** Fat and Fillers, Limitations, Longevity, and Complications

Rod J. Rohrich, MD, James M. Stuzin, MD, Jeffrey M. Kenkel, MD, Lawrence S. Bass, MD, Daniel C. Baker, MD, Erez Dayan, MD, Timothy J. Marten, MD, George Skouras, MD

10:00-10:30 Coffee served in Exhibit Hall

CONTROVERSIES IN FOREHEAD, SUPRAORBITAL, AND UPPER EYELID REJUVENATION

10:30 Mistakes in Aesthetic Judgment in Upper Blepharoplasty: Overresection of Skin, Muscle, Fat, and Improper Preoperative Marks

Henry M. Spinelli, MD

10:45 Correcting the Over-Operated Upper Eyelid

Timothy J. Marten, MD

APPROACH TO BROW LIFT

11:00 Transpalpebral Corrugator Resection, Limitations, Complications, and Animation Deformities: Do They Still Need Neurotoxins?

James M. Stuzin, MD

11:10 Direct Brow Lift: Mistakes in Brow Shaping, Complications, and Bad Scars

Mario Pelle-Ceravolo, MD

11:20 Getting Brow Rejuvenation Without a Brow Lift Forehead and Temple Augmentation

Rod J. Rohrich, MD

11:30 Changing Brow Shape and Position with Neurotoxins: Potential Complications

Jeffrey M. Kenkel, MD

11:40 Limitations and Complications of Brow Lift Techniques: Hair Loss, Recurrent Laxity, Revisions, and Long-Term Results

Richard Warren, MD

11:55 **PANEL:** Upper Blepharoplasty, Brow, and Forehead Rejuvenation: Which Techniques and How Much to Do

Henry M. Spinelli, MD, Timothy J. Marten, MD, James M. Stuzin, MD, Mario Pelle-Ceravolo, MD, Rod J. Rohrich, MD, Jeffrey M. Kenkel, MD, Richard Warren, MD

12:15-1:30 Lunch

LOWER EYELIDS AND MALAR MOUNDS

1:30 Correcting Iatrogenic Lower Eyelid Deformities

Richard D. Lisman, MD

1:40 Canthoplasty-Canthopexy: Why So Many Failures and Deformities?

Mario Pelle-Ceravolo, MD

1:50 Correcting Difficult but Common Lower Blepharoplasty Mistakes Including Lower Eyelid Malposition and Sulcus Deformity

Henry M. Spinelli, MD

2:00 Correcting Excess Autologous Fat Grafts to Lower Eyelids

Mark G. Albert, MD

2:10 Nonsurgical, Minimally Invasive Treatment of Festoons

Richard D. Lisman, MD

2:20 Correcting Malar Mounds and Festoons, Long-Term Results

Mokhtar Asaadi, MD

MID FACE

2:30 Transpalpebral Mid Facelift: Indications, Complications, and Longevity

Foad Nahai, MD

2:40 Transpalpebral Mid Facelift: Do the Results and Complications Justify the Technique?

Timothy J. Marten, MD

2:50 Compound Mid Face Augmentation with Malar Implants and Fat

Mario Pelle-Ceravolo, MD

3:00 Mid Face Lifting with Fillers: How to Avoid the Howdy Doody Look and Chronic Edema

Jeffrey M. Kenkel, MD

3:10 **PANEL:** Mid Face: Lifting, Filling, Revision, Implants, Malar Mounds, and the Howdy Doody Smile in the Over-Filled Face

Richard D. Lisman, MD, Mario Pelle-Ceravolo, MD, Henry M. Spinelli, MD, Mark G. Albert, MD, Mokhtar Asaadi, MD, Foad Nahai, MD, Timothy J. Marten, MD, Jeffrey M. Kenkel, MD

3:30-4:00 Coffee served in Exhibit Hall

THE ULTIMATE CHALLENGE: CREATING AN AESTHETICALLY PLEASING NECK

4:00 Why Do Platysma Bands Recur?

Foad Nahai, MD

4:10 How to Minimize Platysma Bands Recurrence

Marcelo Cunha Araujo, MD

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4:20 **Why I Have Changed My Technique of Correcting Platysma Bands So Many Times**
Mario Pelle-Ceravolo, MD

4:30 **Reoperative Correction of the Neck for the Unhappy Patient**
Richard Warren, MD

4:40 **Preventing and Treating Facelift Infections**
Rod J. Rohrich, MD

4:50 **How I Managed a Severe Facial Palsy Post-Facelift in My First Year in Private Practice**
Paul N. Afrooz, MD

NON-INVASIVE AND MINIMALLY INVASIVE TECHNIQUES FOR FACE AND NECK REJUVENATION

5:00 **Minimally Invasive Radio Frequency Facial and Cervical Tightening without Skin Excision: Indications, Limitations, and Long Term Results**
Spero J. Theodorou, MD

5:10 **Following Radio Frequency Face and Neck Tightening: Is it Really Minimally Invasive? Are Postoperative Recovery and Complications Similar to a Facelift?**
Christopher T. Chia, MD

5:20 **Blending Face Lifting with Energy Based Technology – Improving Results or Increasing Risk? Possible Thermal Injury and Pigmentation Changes Etc.**
Jennifer L. Walden, MD

5:30 **Ultrasound for Face and Neck Tightening – Does it Reduce Subcutaneous Fat?**
Lawrence S. Bass, MD

5:40 **Original Liposuction of the Neck and Jawline Has Skin Contraction and Results Comparable to New Devices**
Sherrell J. Aston, MD

5:50 **Deoxycholic Acid for Submental and Jawline Contouring**
Lawrence S. Bass, MD

6:00 **Thread Lifts: Techniques, Complications, Longevity**
William Lao, MD

6:10 **PANEL: Non-invasive and Minimally Invasive Devices Versus Surgery for Face and Neck Rejuvenation**
Foad Nahai, MD, Marcelo Cunha Araujo, MD, Mario Pelle-Ceravolo, MD, Richard Warren, MD, Paul N. Afrooz, MD, Spero J. Theodorou, MD, Christopher T. Chia, MD, Jennifer L. Walden, MD, Lawrence S. Bass, MD, Sherrell J. Aston, MD, William Lao, MD

6:30 - 8:00 **WELCOME COCKTAIL RECEPTION**

FRIDAY, DECEMBER 6, 2019

Moderators: Sherrell J. Aston, MD and Daniel C. Baker, MD

7:00-8:00 **Continental Breakfast served in Exhibit Hall**

BREAST

8:00 **SURGICAL VIDEO PRESENTATION**
Compound Breast Augmentation
Alexander Aslani, MD

8:20 **Complications and Long-Term Results and Revisions of Composite Breast Augmentation**
Daniel A. Del Vecchio, MD

8:30 **Downsizing the Over-Augmented Breast**
Holly C. Wall, MD

8:45 **Correcting Augmentation - Periareolar Mastopexy Results**
Mark Sultan, MD

8:55 **Secondary Mastopexy: Long Term Results and Complications**
Holly C. Wall, MD

9:05 **Correcting Breast Deformities Caused by the Surgeon, Patient, and Nature**
Jennifer L. Walden, MD

9:20 **Mistakes I See in Breast Augmentation and What I Do to Correct Them**
Patrick Mallucci, MD

9:35 **My Most Frequent Augmentation Revisions**
Mark Sultan, MD

9:45 **Anticipating, Avoiding, and Managing the Dissatisfied Breast Augmentation Patient**
Steven Teitelbaum, MD

10:00-10:30 **Coffee served in Exhibit Hall**

10:30 **Augmentation Mastopexy with Ptosis and Asymmetry**
W. Grant Stevens, MD

10:50 **Current Status of Silicone Implants, BIA ALCL and Current Status of Textured Implants**
Patrick Mallucci, MD

11:05 **Breast Implant Illness: What Do You Tell Your Patients?**
Steven Teitelbaum, MD

11:15 **Explantation in the Patient Concerned About Breast Implant Illness**
Tracy M. Pfeifer, MD

11:25 **PANEL: Patients' and Plastic Surgeons' Concerns Regarding the Safety of Breast Implants**
Patrick Mallucci, MD, Tracy M. Pfeifer, MD, W. Grant Stevens, MD, Mark Sultan, MD, Steven Teitelbaum, MD, Jennifer L. Walden, MD, Holly C. Wall, MD

11:45 **SURGICAL VIDEO PRESENTATION**
Composite Breast Augmentation
Daniel A. Del Vecchio, MD

12:15-1:30 **Lunch**

ABDOMEN AND BODY CONTOURING

1:30 **Correcting Iatrogenic Umbilical Deformities and Neoumbilicoplasty**
Alfredo E. Hoyos, MD

1:40 **Treating Over-Sculpted and Under-Sculpted High Definition Patients**
Douglas S. Steinbrech, MD

1:55 **How to Incorporate High Definition SAFE Lipo Techniques Into Your Body Contouring Procedure without Causing Problems**
Simeon Wall Jr., MD

2:05 **High Definition Liposculpture of Axilla, Back, Flanks, and Love Handles. Limitations and Complications**
Constantino G. Mendieta, MD

2:20 **High Definition Liposculpture Knees, Calves, and Ankles Limitations and Complications**
Alfredo E. Hoyos, MD

2:30 **The Most Frequent Problems I See in Body Contouring: Why Do They Occur and How I Correct Them**
Simeon Wall Jr., MD

2:40 **Seromas: In Office Ultrasound Guided Diagnosis, Treatment, and Prevention**
Pat Pazmiño, MD

2:50 **Revisions of Nonsurgical Skin Tightening, Long-Term Results, Edema, Pigmentation, Nerve Injury, Limitations, and Complications**
Christopher T. Chia, MD

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3:00-3:30 Coffee served in Exhibit Hall

MINIMALLY INVASIVE AND NON-INVASIVE CONTOUR TECHNIQUES

3:30 **The Economy of New Technology: Who Makes the Money? You, or the Device Manufacturer?**
W. Grant Stevens, MD

3:45 **Cryolipolysis: Limitations, Patient Satisfaction, and Complications**
David P. Rapaport, MD

4:00 **Radio Frequency Assisted Liposuction Under Local Anesthesia**
Christopher T. Chia, MD

4:10 **SURGICAL VIDEO PRESENTATION**
Radio Frequency Assisted No Scar Brachioplasty
Spero J. Theodorou, MD

4:25 **Does Microneedling Improve Skin Quality and Appearance?**
Jeffrey M. Kenkel, MD

4:35 **Laser Treatment for Postsurgical Scars?**
Lawrence S. Bass, MD

4:45 **PANEL: Blending Surgical and Nonsurgical Techniques for Body Contouring**
Alfredo E. Hoyos, MD, Douglas S. Steinbrech, MD, Simeon Wall Jr., MD, Constantino G. Mendieta, MD, Pat Pazmiño, MD, Christopher T. Chia, MD, Spero J. Theodorou, MD, W. Grant Stevens, MD, David P. Rapaport, MD, Jeffrey M. Kenkel, MD, Lawrence S. Bass, MD

SURGICAL TECHNIQUE VIDEOS FOR BODY CONTOURING

5:00 **Dynamic Definition Lipo Abdominoplasty Combining Multiple Layer Liposuction, Fat Grafting, Muscle Plication, and Neo-Umbilicoplasty**
Alfredo E. Hoyos, MD

5:10 **Liposculpture of Challenging Body Regions: Axilla, Back, Flanks, and Love Handles**
Constantino G. Mendieta, MD

5:20 **Combining Implants and Fat for Contouring the Male Chest**
Douglas S. Steinbrech, MD

5:30 **Using High Definition SAFE Lipo Concepts to Avoid Abdominoplasty in Selective Patients**
Simeon Wall Jr., MD

5:40 **High Definition Liposuction to Enhance Abdominoplasty Results**
Daniel A. Del Vecchio, MD

5:50 **OPEN FORUM WITH THE FACULTY**
QUESTIONS FROM THE AUDIENCE

SATURDAY, DECEMBER 7, 2019

Moderators: Sherrell J. Aston, MD and Daniel C. Baker, MD

7:00-8:00 Continental Breakfast served in Exhibit Hall

8:00 **SURGICAL VIDEO PRESENTATION**
Awake, Safe, Subcutaneous Buttock Augmentation and Radio Frequency Medial Thigh Correction
Spero J. Theodorou, MD

BUTTOCKS

8:30 **Documentation of the Importance of the Female Buttocks Shape and Size for the Past 30,000 Years**
Christopher Khorsandi, MD

8:45 **Safe Subcutaneous Buttock Augmentation: Essential Anatomy and Technique to Prevent Pulmonary Embolism**
Daniel A. Del Vecchio, MD

9:00 **Simultaneous Separation Tumescence (SST) and Expansion Vibration Lipofilling (EVL) of the Buttocks**
Simeon Wall Jr., MD

9:10 **Ultrasound Documentation and Guidance for Safe Subcutaneous Buttock Augmentation**
Pat Pazmiño, MD

9:20 **My Most Common Buttock Augmentation Complications and Revisions**
Alfredo E. Hoyos, MD

9:30 **Managing Buttocks Augmentation Complications Including Infection and Fat Atrophy**
Constantino G. Mendieta, MD

9:40 **Buttock Augmentation with Implants, Complications and Revisions**
Douglas M. Senderoff, MD

9:50 **Cohesive Gel Buttock Implants: Technique, Complications and Revisions**
Alexander Aslani, MD

10:00-10:30 Coffee served in Exhibit Hall

POINT / COUNTER POINT

10:30 **Compound Buttock Augmentation: Fat Plus Implants is Ideal**
Daniel A. Del Vecchio, MD

10:40 **Why I Prefer Buttock Implants**
Douglas M. Senderoff, MD

10:50 **Why I Stopped Using Buttock Implants**
Constantino G. Mendieta, MD

11:00 **When I Prefer Buttock Implants**
Alexander Aslani, MD

11:10 **Fat Problems, Implant Problems**
Simeon Wall Jr., MD

11:20 **Fat is Preferred for Male and Female Buttocks**
Alfredo E. Hoyos, MD

11:30 **Implants Give Excellent Shape to the Male Buttocks**
Douglas S. Steinbrech, MD

11:40 **PANEL: Managing Complications of Buttock Augmentation: Fat Necrosis, Fat Resorption, Correction of Asymmetry and Infections, and Repeat Fat Grafting**
Christopher Khorsandi, MD, Simeon Wall Jr., MD, Pat Pazmiño, MD, Alfredo E. Hoyos, MD, Constantino G. Mendieta, MD, Douglas M. Senderoff, MD, Alexander Aslani, MD, Douglas S. Steinbrech, MD, Steven Teitelbaum, MD

12:00 **LIVE INJECTION SESSION**

Fillers and Neurotoxins
Lawrence S. Bass, MD

1:00 **Adjourn - Thank You for Joining Us!**

The Aston Baker Cutting Edge Aesthetic Surgery Symposium

Bernadette McGoldrick
Executive Director

Amy Gibbons
Web Manager, Content Designer